

Forma 5

TECHNICAL FEATURES

**GARBO**



# SWIVEL ARMCHAIR | LOW BACKREST

## Backrest

Plylaminated beech inner structure.  
High density polyurethane foam

## Join seat and backrest

"U" shape curved  
beech plylaminated

## Arms

Polypropylene outer shell  
injected and leather upholstered

## Seat

Beech plylaminated wooden inner structure  
upholstered polyurethane injected outer foam

## Base

Polyamide star base  
Polished aluminium star base

## Mechanism

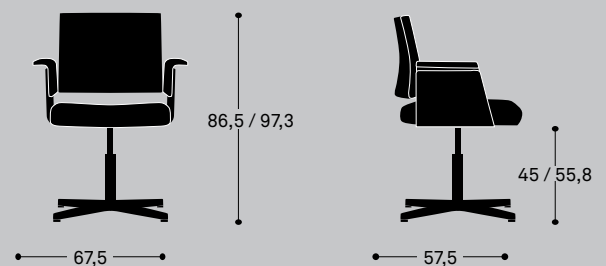
Tilting or oscilo tiltint

Ø 65 mm casters  
Double wheel  
Soft double wheel

## DIMENSIONS

Low backrest

Height	86,5 / 97,3 cm
Seat height	45 / 55,8 cm
Width	67,5 cm
Depth	57,5 cm
Weight	18,66 kg
Fabric meters	1,25 m
Fabric meters (arms)	0,37 m



Dimensions in centimeters

# SWIVEL ARMCHAIR | HIGH BACKREST

## Backrest

Plylaminated beech inner structure.  
High density polyurethane foam

## Join seat and backrest

"U" shape curved  
beech plylaminated

## Arms

Polypropylene outer shell  
injected and leather upholstered

## Seat

Beech plylaminated wooden inner structure  
upholstered polyurethane injected outer foam

## Base

Polyamide star base  
Polished aluminium star base

## Mechanism

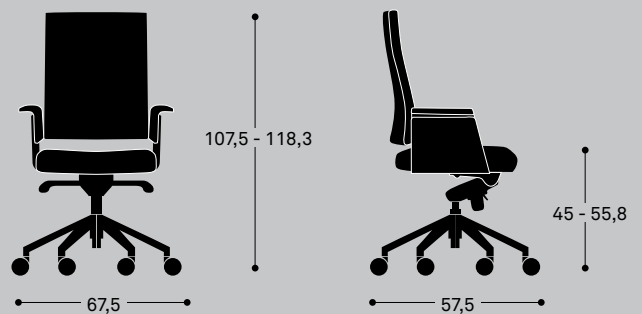
Tilting or oscilo tiltint

Ø 65 mm casters  
Double wheel  
Soft double wheel

## DIMENSIONS

High backrest

Height	107,5 / 118,3 cm
Seat height	45 / 55,8 cm
Width	67,5 cm
Depth	57,5 cm
Weight	21,2 kg
Fabric meters	1,4 m
Fabric meters (arms)	0,37 m



Dimensions in centimeters

# SWIVEL VISITOR ARMCHAIR

## Backrest

Plylaminated beech inner structure.  
High density polyurethane foam

## Arms

Polypropylene outer shell  
injected and leather upholstered

## Mechanism

Chromed auto-return lift

## Seat

Beech plylaminated wooden inner structure  
upholstered polyurethane injected outer foam

## Glide

Black polypropylene

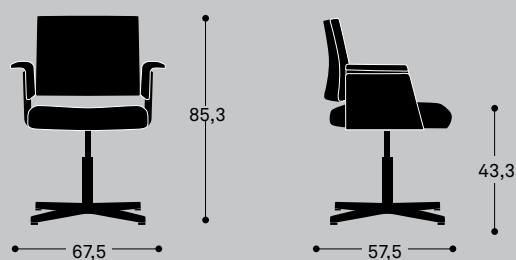
## Base

Polished aluminium star base  
4 points polished aluminium flat base



## DIMENSIONS

Height	85,3 cm
Seat height	43,3 cm
Width	67,5 cm
Depth	57,5 cm
Weight	18 kg
Fabric meters	1,25 m
Fabric meters (arms)	0,37 m



Dimensions in centimeters

## BACKREST

Quadrangular anatomic backrest with inner structure made of pressed poly laminated foam that works as support to the high density polyurethane foam. High density polyurethane foam (25 kg/m<sup>3</sup>). Reinforced on its whole perimeter with higher density foam to highlight the upholstery. High or low backrest. Low backrest also for the visitor armchair.



Upholstered high backrest



Structure arms + backrest

## SEAT

Polyurethane injected foam seat (25 kg/m<sup>3</sup> density) with pressed beech poly laminated inner structure later upholstered. Both, backrest and seat, are joined by an “U” shape structure made of curved wood of pressed poly laminated beech with different finishes: One piece of chromed injection zamak connects seat and backrest and finish the armchair.



Upholstered seat

## ARM

The arm, made in upholstered injected polypropylene, always leather, is joined to the structure by an injected polyamide support.



Arm

## MECHANISM [swivel chairs]



**BASCULANTE:** swivel-tilt mechanism to lean the backrest, always keeping a constant angle regarding the seat.

Tilt angle up to 13,5° and fixation in the desired position. Leaning pressure adjustment.

Backrest leaning hardness adjustment, this is the necessary force to move it. Height adjustment (gas lift) through a lever for an optimal use.



**BASCULANTE OSCILO:** tilt Mechanism to lean the backrest, keeping a constant angle with the seat. Leaning angle up to 16°. 4 blocking positions.

Backrest leaning tension adjustment through a lever placed at the mechanism's side, providing easy access and ergonomics. Forwarded rotational axis. Polished aluminium shell.

Height adjustment (gas lift).

## ELEMENTS DESCRIPTION

### BASE

**POLYAMIDE STAR BASE.** 69 cm diameter. 5 trapezoidal branches with rounded corners.



Plyamide star base

**POLISHED ALUMINIUM STAR BASE.** 69 cm diameter. 5 trapezoidal branches with rounded corners.



Polished aluminium star base

**FLAT BASE (visitor chair):** polished aluminium flat geometry base with 4 floor supports. The arms have a rectangular section finished by four polypropylene glides. The outer diameter of the base is 70 cm.



Polished aluminium flat base

When these bases (polished aluminium Star base or Flat base) are installed on visitor armchairs they always have levellers and a chromed auto-return lift.

### FLOOR SUPPORT



65mm double wheel casters



65mm soft double wheel casters



Black polypropylene glide

### PACKAGING

The armchair is delivered completely assembled with plastic protection. Consult.

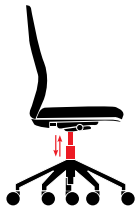
### UPHOLSTERY

Backrest and seat available for all the fabrics range of Forma 5, including a wide range of fabrics (yarn, fireproof fabrics) and leathers Consult fabrics brochure and Forma 5 Pricelist.

The Group 1, 2, 3 and 5 fabrics of Forma 5 are supplied by the manufacturer company Camira. Although our fabrics brochure includes a selection of the Camira fabrics, if the customer requires another specific, Forma 5 will upholster any of its fabrics in any fabric from Camira catalog.

# ERGONOMICS

TAKING CARE OF OUR BODY DOES NOT ONLY DEPEND ON GOOD NUTRITIONAL HABITS AND SPORT. THERE ARE OTHER FACTORS THAT CAN INFLUENCE HEALTH, LIKE A CORRECT POSITION AT THE WORKSTATION. FOR THIS REASON, TO KEEP THE BODY IN A GOOD SHAPE AND FREE OF PHYSICAL DISORDERS IS NECESSARY TO HAVE GOOD FURNITURE AND USE IT CORRECTLY.



### CHAIR WITH HEIGHT ADJUSTMENT

Chairs should have an option to lift or lower the seat's height, through a mechanical or a pneumatic system. The position will be the correct one, when the feet rest firmly on the floor and the thighs remain in a horizontal position.

The mechanism should be easily accessible from a seating position.



### SEAT AND BACKREST LEANING

The chair should include a mechanism to control the seat leaning movement and keep a well-balanced position at work. The tilt is very extended one, but there are other versions which are more advanced, like the Oscilo Tilt.



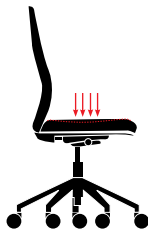
### LUMBAR ADJUSTMENT

Many chairs are designed with an adjustable back support. It is very suitable that this backrest may regulate the movements to the front and to the back, allowing to free or block the mechanism as desired. Many chairs also include a mechanism to adjust the chair curve to that of the back, providing a better comfort to the user.



### 5 BRANCHES BASE

To facilitate a movement with less effort and to provide the chair stability and firmness, the base should have 5 support points for the casters.



### SEAT CONSISTENCY

We spend a long time on the seat, so this one should provide firmness and adapt to the user's features. Both the high density foam and the injected foam are very resistant, durable and comfortable.



### ADJUSTABLE ARMS

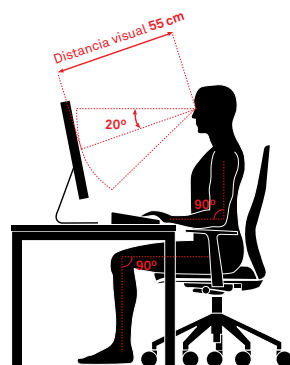
El apoyo de los brazos es fundamental para mantener una buena postura y no sobrecargar los brazos, además de servir para tomar asiento y levantarse del mismo.



### UPHOLSTERY

The upholstery should be chosen depending on the chair location and the environmental conditions.

CONSIDERING THE ABOVE MENTIONED ADVICES, HERE ARE SOME COMMENTS ABOUT THE POSITION TO BE ADOPTED WHILE SEATING AT WORK



- 1 The distance between the screen and the eyes should be at least 55 centimeters. The screen should also be located in front of the used and not on one side.
- 2 The upper side of the screen should be located at eye level.
- 3 Thighs should be horizontal regarding the seat and the feet should rest firmly on the floor, having enough space below the desk.
- 4 Breaks should be done often for muscle stretching and moving, changing the position every once in a while.
- 5 Eyes should rest often, so that we do not get eyestrain. For example, focusing on different places and distant objects.

Life Cycle Analysis  
Program Garbo



RAW MATERIALS		
Raw Material	Kg	%
Steel	3,27 Kg	18%
Plastic	0,61 Kg	3%
Aluminium	2,3 Kg	13%
Uphols./Fulling	0,90 Kg	5 %
Wood	10,80 Kg	61%

% Recycled materials= 42%  
% Recyclable materials= 81%

## Ecodesign

Results reached during the life cycle stages



### MATERIALS

**Steel**  
15%-99% recycled material.

**Plastic**  
30%-40% recycled material.

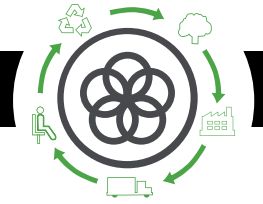
**Aluminium**  
60% recycled material.

**Staff material**  
Without HCFC and certified by Okotext.

**Upholsteries**  
Without COV emissions and certified by Okotext.

**Packings**  
100% recyclable with inks with no solvents.





## PRODUCTION

### Raw materials use optimization

Board, upholstery and steel tubes cut.

### Renewable energies use

reducing the CO2 emissions. (Photovoltaic pannels)

### Energy saving measures

in all production process

### COV global emission reduction

of the production processes by 70%.

### Podwer painting

ecoverly of 93% of the non deposited painting

### Glue removal from the upholstery

The facilities have an internal sewage for liquid waste.

### Green points

at the factory

### 100% waste recycling

at production process ans dangerous waste special treatment.



## TRANSPORT

### Cardboard use opmitization

of the packings

### Cardboard and packing materials use reduction

Flat packings and small bulks to optimize the space.

### Solid waste compacter

which reduces transport and emissions.

### Light volumes and weights

### Transport fleet renewal

reducing by 28% the fuel consumption.

### Suppliers area reduction

Local market power and less pollution at transport.



## USE

### Easy maintenance and cleaning

without solvents.

### Forma 5 guarantee

### The highest quality

for materials to provide a 10 year average life of the product.

### Useful life optimization

of the product due to a standarized and modular design.

### The boards

with no E1 particle emission.



## END LIFE

### Easy unpacking

for the recyclability or compound reuse.

### Piece standarization

for the use.

### Recycled materials used for products (% recyclability):

Wood is 100% recyclable.

Steel is 100% recyclable.

Aluminium is 100% recyclable.

### With no air or water pollution

while removing waste.

### Returnable, recyclable and reusable packing

### Product recyclability 81%

# CHAIR MAINTENANCE AND CLEANING GUIDE

LINES FOR A CORRECT CHAIR CLEANING AND MAINTENANCE, CONSIDERING THE DIFFERENT MATERIALS:

## FABRICS

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- 1 Vacuum often.
- 2 Rub the dirty spot with a wet cloth with PH neutral soap.  
Test first on a hidden spot.
- 3 Dry foam for carpets can be alternatively used.

## PLASTIC PIECES

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Rub the dirty spots with a wet cloth with PH neutral soap.

Do not use abrasive products in any case.

## METAL PIECES

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- 1 Rub the dirty spots with a wet cloth with PH neutral soap.
- 2 Polished aluminium pieces can have their polish bak by covering and rubbing them with a dry cotton cloth.

# LEGAL TERMS

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## CERTIFICATES

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Forma 5 certificates that the Garbo program has passed all tests provided by our intern Quality Department and by the Technological Research Center (Tecnalia) with "satisfactory results":

UNE-EN 16139:2013: "Furniture - Strength, Durability And Safety - Requirements For Non-Domestic Seating"

UNE-EN 1335-3:2009: " Office work chair. Test methods".

UNE-EN 1728:2013: "Furniture Seating Test methods for the determination of strength and durability"

Developed by Tandem Company